

KIYBSC BASEBALL AND SOFTBALL SAFETY GUIDELINES

- Only league approved managers and coaches shall supervise batting cages.
- No games or practices will be held when weather or field conditions are poor or when lighting is inadequate.
- Play area will be inspected before games and practices for safety concerns including holes, damage, glass, etc and any safety issues will be rectified before the start of the practice or game.
- All team equipment will be stored inside the dugout during games.
- Only players, managers, coaches, and umpires are permitted on the playing field or in the dugouts during games and practices.
- During practices and games, all players should be alert and watching the batter on each pitch.
- All pre-game warm-ups should be performed within the confines of the field and not in areas that are frequented by spectators (playing catch, etc.)
- Equipment will be regularly inspected for damage and safety concerns.
- Batters, base runners, and player base coaches must wear helmets during batting practice and games.
- Head first slides are not permitted unless returning to a previously occupied base.
- At no time will horseplay be permitted on the field.
- **There is no swinging or handling of the bats other than at the plate or the on-deck batter**, who will be on the field immediately BEHIND the batter at the plate. Should the umpire require the on-deck batter to leave the playing field, then there shall be no bat in his/her hands. Thus, no bats should be in any player's hands except for the batter and on-deck player (if on field).
- Catchers must wear a cup. Managers should encourage all players to wear a cup.
- All catchers must wear chest protectors with shin guards, and catcher's helmet.
- All catchers must wear a mask and catcher's helmet during practice, pitcher warm-ups, and games.
- Shoes with metal spikes are not permitted.
- Players will not wear jewelry of any kind. (Exception for medical alert type jewelry).
- Managers will never leave an unattended child at a practice or a game.
- Never hesitate to report any kind of present or potential safety hazard to the league.

- No playing on or around lawn equipment, machinery at any time.
- No climbing of fences
- No climbing on dugouts
- Players and spectators should be alert at all times for foul balls and errant throws.
- T-BALL DIVISION – always use “soft” (t-ball) baseballs, not regular baseballs
- ROOKIE DIVISION – never allow a player to feed the pitching machine. Never allow the player “pitcher” to be beyond parallel to the wheel, and at least 5 feet away from the machine.
- IN THE EVENT OF LIGHTNING PLEASE TAKE COVER.
Determination to resume will be at the discretion of the umpire, with a minimum 30 minute wait from the last lightning strike

PITCHING RULES... BOYS BASEBALL (9-12 year olds)
 COACHES PLEASE BE AWARE OF THE PITCH COUNT. PITCH
 COUNT IS MORE IMPORTANT THAN NUMBER OF INNINGS
 PITCHED.

It is extremely important that pitchers do not throw more than 55-65 pitches per game, regardless of the number of innings pitched. Coaches need to keep count of number of pitches thrown. If a player has thrown that many pitches in a game, he should not continue pitching.

Coaches, please be cognizant of this fact. An excessive pitch count will greatly increase the likelihood of injury to the player.